

## Boot Camp and First Clinical Day Skills Check offs

Student name: \_\_\_\_\_ Date Boot Camp: \_\_\_\_\_ Date Clinical: \_\_\_\_\_

Nursing interventions that support THERMOREGULATION and the IMMEDIATE assessment/evaluation of vital signs/ assessments/observations that indicate the need for NEONATAL RESUSCITATION within the first few minutes after delivery:

Skills/Concepts demonstrated/practiced/discussed BY STUDENT at Boot Camp/Clinical:	“√” indicates “S” understanding/performance at Boot Camp	“S” indicates satisfactory performance at clinical
Methods to dry and stimulate baby immediately after birth		
Use towel to dry with moderate simulation		
Dry hair and cover head with dry hat		
Cover baby with blanket		
Baby’s bare skin directly on mom’s bare skin, careful to cover openings in blankets to avoid draft		
Warming room temp to 70-72 degrees		
Use of Pre-warmed blankets		
Use of Pre-warmed radiant warmer then changed to Auto when skin probe attached		
Maintain clear distance between warming light and infant		
Do not leave baby swaddled in warmer with warmer on		
Awareness of drafts, fans		
Use of warming pads and warmed fluids as needed.		
Actions to promote bonding		
Clinical Instructor(s) or RN(s) evaluator name/initials.  1. 2. 3.		

<b>Student able to demonstrate/discuss/obtain values and verbalize the significance of these elements at Boot Camp/Clinical.</b>	“√” indicates “S” understanding/performance at Boot Camp	“S” indicates satisfactory performance at clinical
<b>Heart rate-</b> Auscultate apical x 60 sec Palpate umbilical stump Normal range		
<b>Respirations</b> Auscultate directly x 60 sec		

“Observe” abdominal movements while auscultating Normal range		
<b>Temperature</b> Axillary Rectal Normal range		

<b>APGAR SCORING ASSESSMENT</b>	“√” indicates “S” understanding/performance at Boot Camp	“S” indicates satisfactory performance at clinical
Student able to discuss PURPOSE of APGAR SCORE		
Student able to identify the elements of APGAR score		
Student able to correctly assess all 5 elements of APGAR SCORE		
Student able to score assessment correctly at 1 and 5 minutes		
Student able to recognize/describe need for nursing interventions related to APGAR score.		

	“√” indicates student demonstrated “S” understanding at Boot Camp	“S” indicates satisfactory performance on clinical day
Demonstrate or discuss these actions/concepts with minimal support from CI or RN at Boot Camp <u>and/or</u> CLINICAL DAY		
Demonstrate assessment for jaundice in newborn.		
Demonstrate a minimum of 4 newborn reflexes		
Discuss assessment of umbilical cord and care for expected changes related to age.		
Discuss or demonstrate newborn bath.		
Demonstrate or discuss routine post circumcision care		
Discuss risk factors, signs/ symptoms and nursing interventions associated with hypoglycemia in the newborn.		
Discuss expected observations/assessments related to respiratory efforts in newly born term infant -		
Discuss considerations necessary when caring for a baby whose mother abused opiates during pregnancy.		

Attach copy of your clinical documentation for Clinical Day 1 demonstrating your ability to assess vital signs and recognize/respond to abnormal findings, provide appropriate teaching to parents, assist with the head to toe assessment of neonate, recognizing and documenting a recount of normal and abnormal assessment findings. Include ongoing interventions /anticipatory guidance for parents, teaching and reassessment appropriate to findings. Associate any known complications from pregnancy or birth that may have contributed to findings.